

Executive Resilience and Crisis Leadership Assessments

Instructions: For each statement, rate your agreement on a scale of 1 (Strongly Disagree) to 5 (Strongly Agree).

1. Acknowledging Reality

When setbacks occur, I address them openly with my team and stakeholders instead of minimizing or deflecting the issue.	
I actively create space for my leadership team to process the emotional impact of setbacks before shifting into problem-solving.	

2. Stabilizing Operations

My organization has clear contingency plans and liquidity safeguards to manage unexpected revenue or cost shocks.	
In times of disruption, we can rapidly identify non-essential spending and reallocate resources toward stabilizing the core business.	

3. Learning and Pivoting

We consistently conduct structured reviews (“failure autopsies”) to capture lessons learned from missteps or market shifts.	
I use data-driven scenario planning and external benchmarking to test and refine strategic pivots.	

4. Rallying the Organization

I communicate frequently and transparently during periods of uncertainty, ensuring alignment across all levels.	
Our culture encourages cross-functional collaboration and idea sharing, even under pressure.	

5. Building Long-Term Resilience

My leadership team actively develops adaptive skills such as agility, decision-making under pressure, and emotional intelligence.	
We regularly stress-test our business model and governance practices to anticipate and prepare for future disruptions.	

Your score

Score Range

Add up your total score (maximum = 50).

- **41 – 50 Antifragile Leader** — You're built for turbulence. Continue refining systems and sharing best practices.
- **31 – 40 Resilient but Reactive** — Solid foundation but enhance proactive learning and scenario planning.
- **21 – 30 At Risk of Strategic Fatigue** — Strengthen transparency, communication cadence and cash-flow readiness.
- **10 – 20 Vulnerable to Disruption** — Immediate need to build crisis structures and emotional resilience frameworks.

Reflection Questions

- What's the most significant setback I've led through in the past two years — and what did I learn?
- What single resilience practice would most strengthen my leadership today?

EXPLORE ARTICLE: Executive Playbook for Leading From Crisis to Comeback on the Piilo Consulting: Insights and Articles website for more insights:

<https://piiloconsulting.com/executive-playbook-for-leading-from-crisis-to-comeback/>

TAKE ACTION: Need someone as a sounding board for your ideas or need help to define and/or implement action plans to fix your business, contact Piilo Consulting and ask how we can help you.

<https://piiloconsulting.com/contact-piilo/>